**槟城恒毅(国民型)中学国际少年服务团**

**INTERACT CLUB**

**SMJK HENG EE, PULAU PINANG**

**99,Jalan Hamilton, 11600 Pulau Pinang.**

Tel:042824402

48th District Interact Conference

On the 4th December 2015 , the BOD of Interact Club Of HengEe High School attended a four days three nights district conference which . The 48th District Interact Conference R.T. District 3300 was held at PangkalanTLDM ,Lumut , Perak on 4th -7th December 2015. The 48THDistrict Interact Conference was hosted by The Rotary Club of Klang .

 The objective of this District Interact Conference is to provide a platform for Interactors to develop their leadership skills and personal integrity , to demonstrate helpfulness and respect for others ,to understand the value of individual responsibility and hard work . and to advance international understanding and goodwill .

Participating Interactos :

INT. TNEH XUAN ( President )

INT. Lim Hong Ze ( Vice President )

INT. Gene H’ng Wei Tian( Vice President )



Below are the details of the conference :

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Day 1 – 4th December 2015 (Friday )

**7:30am – 1:00pm**

The participants started to arrive and were directed towards the Auditorium M.Sidek , where they could register themselves and to freshen up . After registration , participants were brought to their respective rooms .

**12:00pm**

Lunch was served for all the participants . Participants were able to satisfy their hunger , quench their thirst as well as begin to mix with the crowd and to get to know each other.

**2:30pm**

At this time , all the participants were asked to gathered at the Auditorium M.Sidek . A short briefing for the house rules were given by Dato Master PP Rtn. A.R. Peter and the TLDM Officer , Lt. Kdr. ShahrulAzimalHjIberahim& P W 1 PBS Mohammad Izani bin Shafii .

**2:50pm**

A speaker ,CikRoziahBintiRoslan gave us all a talk entitled “Relationships & Expectations of School Management from Interactors “.

**4:20pm**

All participants were classified into 3 different groups , group A , B and C .Three demonstrations , which were Team Building , Jungle Survivial& Firing , and Diving Centre , were shown to all the participants by the TLDM officers.

**6:30pm**

An Ice Breaking session was held at Drill Shade by the First Admiral DatoSubramaniam Raman(R) .

**8:45pm**

Dinner was served at the dining hall.

**9:15pm**

 A speaker ,Dato Master PP Rtn A. R. Peter gave a talk about “Interactors :Leader of the Future”.

**10:30pm**

Lights out.

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Day 2 – 5th December 2015 (Saturday)

**5:30am**

Wakie-Wakie.

**6:30am**

Breakfast was served at the dining hall .

**8:30am**

The opening ceremony was held at the AudioriumM.Sidek. Speeches were given by the Oranisingchairman , Interact representative , Hostclub president and the District Governor .

**9:45am**

High tea was served for all participants .

**11:00am**

TLDM demonstrations were continued.

**1:00pm**

Lunch was served at the dining hall .

**2:00pm**

Once again , TLDM demonstrations were continued .

**4:30pm**

A talk entitled “Exposure of Youths to Criminal Activities was given by “AG Rtn Gerard Lazarus”

**5:45pm**

Rehearsal and preparation works for the talent time were carried out .

**6:30pm**

Dinner was served.

**7:00pm – 10:00pm**

Talent Time Session. After the Talent Time Session , Emcees announced the winner of the Talent time went to team “Mickey”.

**10:30pm**

Lights out .

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Day 3 – 6TH December 2015 ( Sunday )

**5:30am**

Wakie –wakie

**6:30am**

Breakfast was served.

**8:00am -12:00pm**

TLDM Demonstrations of TLDM Battle Ships ,MarkasUdara and Navigation Training &Galeri PTL , were presented by the TLDM officers .

**1:00 pm**

Lunch was served at the Dining Hall .

**1:30pm-4:00pm**

TLDM demonstrations were continued.

**4:30pm-6:30pm**

Speaker DRR, Rot. Steven Ting Boon Hee gave us all a talk of topic : “What is Roteract ?”

After the speech by DRR, Rot. Steven Ting Boon HEE , a talk entitled “Motivation and Ethnics” was given by the First Admiral DatoSubramaniam Rahman (R) .

**7:00pm**

 Dinner was served at the dining hall.

**9:00pm**

An experienced speaker ,Dato Wei ChuanBeng , gave us all a talk about “My Journey from an Interactor to an Entreprenuer .

**10:30pm**

Light out.

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Day 4-7TH December 2016 .

**5:30am**

Wakiewakie and check out . All participants were required to pack up and bring their luggages to the Auditorium.

**6:30am**

Breakfast was served.

**8:00am-9:30am**

A speker ,Datuk PP Rtn Dr. Puraviappan , gave a talk about “Physiological Growth In Teenagers”

After the talk by Datuk PP Rtn Dr. Puraviappan , a talk entitled “Career Development”was given by the MAHSA University Professor.

**10:00am**

Tea break was served at the dining hall.

**10:30am**

A speaker , PDG Rtn Leslie Salehuddin gave us all a talk entitled “From Good to Great …….Your Journey as an Interactor .

**11:15am**

Closing ceremony was held at the Auditorium M.Sidek .

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Certificates were distributed to the representatives of each of the Interact club .

**12:00pm**

Lunch was served at the Dining hall .

Group photo was taken at the Auditorium M.Sidek.



**2:00pm**

Break camps .

All participants were departed the TLDM LUMUT base respectively.

Report Prepared by,

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TnehXuan

President (15/16 )

Interact Club

HengEe High School.